



Dynamic Solutions for change
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Comprehensive Trauma and Attachment Assessment

This in-depth, multi-disciplinary assessment comprises two assessment sessions, one with the parents alone, and one with the parents and child together. The following measures are utilised to assess the child's current behaviour, emotional wellbeing, and attachment with their current caregivers, as well as their caregivers' levels of stress.

Marschak Interaction Method (MIM)

The MIM is a structured observation technique designed to assess the quality and nature of child-carer interaction to identify how the child reacts to the carers attempts to:

- Structure the environment and set clear, appropriate expectations and limits.
- Engage the child in interaction whilst being attuned to the child's state and reactions.
- Respond in a nurturing way to the child's needs, including being able to soothe and calm the child when needed.
- Provide and respond to challenge in an appropriate way.

Vineland Adaptive Behaviour Scales (Second Edition)

The Vineland Adaptive Behaviour Scales measure a child's actual use of adaptive behaviours in the four domains of Communication, Daily Living Skills, Socialization and Motor Skills. They also provide a measure of Internalizing and Externalizing Maladaptive Behaviours which may interfere with a child's adaptive behaviour.

Parent Stress Index (PSI)

The PSI is a questionnaire completed by a carer to identify their view of their child and the level of stress that parenting the child causes them. The assessment identifies clear areas of stress for a carer exploring the following domains: the carers' competence, isolation, attachment, health, role restriction and depression and the child's distractibility, hyperactivity, adaptability, demandingness, mood, and acceptability. It assesses whether the parent has a felt sense of attachment to the child and whether they experience them as rewarding and reinforcing to parent.