



**Dynamic Solutions for change**  
Chrysalis Associates Limited  
48 Wostenholm Road, Sheffield S7 1LL  
Tel: 0114 2509455  
Email: [info@chrysalisassociates.org](mailto:info@chrysalisassociates.org)  
[www.chrysalisassociates.org](http://www.chrysalisassociates.org)

## **Comprehensive Trauma and Attachment Assessment**

This in-depth, multi-disciplinary assessment comprises two assessment sessions, one with the parents alone, and one with the parents and child together. The following measures are utilised to assess the child's current behaviour, emotional wellbeing, and attachment with their current caregivers, as well as their caregivers' levels of stress.

### **Marschak Interaction Method (MIM)**

The MIM is a structured observation technique designed to assess the quality and nature of child-carer interaction to identify how the child reacts to the carers attempts to:

- Structure the environment and set clear, appropriate expectations and limits.
- Engage the child in interaction whilst being attuned to the child's state and reactions.
- Respond in a nurturing way to the child's needs, including being able to soothe and calm the child when needed.
- Provide and respond to challenge in an appropriate way.

### **Weschler Abbreviated Scale of Intelligence (WASI-II)**

The WASI-II provides a brief, reliable measure of cognitive ability including both Verbal Comprehension ('crystallised' abilities) and Perceptual Reasoning ('nonverbal fluid abilities and visuomotor/co-ordination skills').

### **Short Sensory Profile-2**

A parent-report questionnaire for 3-14 year olds to get a more detailed profile of the child's sensory needs

### **Clinical Assessment of Interpersonal Relationships (CAIR)**

The CAIR is for older children 9+, a questionnaire the child fills in rating the quality of their relationships with their 'mother, father, male peers, female peers and teachers'.

### **Bene Anthony Family Relations Test (child only)**

This test examines the child's perception of the dynamics within their family. Having chosen 3D figurines to represent the members of the child's family, the child "posts" messages as s/he deems appropriate to the different family members. Messages that the child feels do not apply to anybody in the family are given to the 'Mr Nobody' figure. The results are then collated into the positive and negative feelings which the child gives to and perceives themselves as receiving from the different family members. This therefore gives an indication of who the child feels most attached to, and who they feel is able to meet their dependency needs.

### **Behaviour Rating Inventory of Executive Functioning (BRIEF)**

Executive function describes a set of cognitive abilities that control and regulate other abilities and behaviours. We use the BRIEF to assess the child's executive functioning in the home and school environment. The BRIEF is useful in evaluating children with a wide spectrum of developmental and acquired neurological conditions. The BRIEF measures a child's ability to regulate their own behaviour, emotions and cognitions. Forms are completed by the child's parent(s) and teacher.



**Dynamic Solutions for change**  
Chrysalis Associates Limited  
48 Wostenholm Road, Sheffield S7 1LL  
Tel: 0114 2509455  
Email: [info@chrysalisassociates.org](mailto:info@chrysalisassociates.org)  
[www.chrysalisassociates.org](http://www.chrysalisassociates.org)

### **Achenbach Child Behaviour Checklist (CBCL)**

The CBCL evaluates the behaviour and social competency of children and identifies difficulties in the following areas: Affective Problems, Attention Deficit/Hyperactivity Problems, Anxiety Problems, Oppositional Defiant Problems, Somatic Problems, Conduct Problems. Forms are completed by the child's parent and teacher, and by the child if appropriate.

### **Parent Stress Index (PSI)**

The PSI is a questionnaire completed by a carer to identify their view of their child and the level of stress that parenting the child causes them. The assessment identifies clear areas of stress for a carer exploring the following domains: the carers' competence, isolation, attachment, health, role restriction and depression and the child's distractibility, hyperactivity, adaptability, demandingness, mood, and acceptability. It assesses whether the parent has a felt sense of attachment to the child and whether they experience them as rewarding and reinforcing to parent.

### **Trauma Symptom Checklist for Young Children (TSCYC)**

The TSCYC is a standardized, parent/carer report measure of trauma symptoms and evaluates acute and chronic post-traumatic symptoms and other psychological consequences of traumatic events in children.

### **The Assessment Checklist for Children (ACC)**

The ACC was developed to measure mental health difficulties in children who are in looked after care. This carer-report psychiatric rating assessment measures behaviour, emotional states, traits and manners. A total of ten clinical scales and two self-esteem scales are measured, and each score is devised from a normative sample.